

Forgiveness Among Individuals: The Relationship Between Forgiveness and Health

Pietro Pietrini, M.D., Ph.D.

Laboratory of Clinical Biochemistry at University of Pisa, Italy

Pietro.pietrini@med.unipi.it

"Study of the Brain Functional Correlates of Forgiveness in Humans by Using Positron Emission Tomography (PET)"

Co-PI: Jordan Grafman

About the Investigator and His Research in Forgiveness

Dr. Pietrini, at the University of Pisa in Italy, has been exploring whether forgiveness exerts a positive effect on the human organism. He found that because forgiving represents an approach for the individual to overcome a situation which otherwise would be a major cause of stress, from a psychological and neurobiological viewpoint, it dramatically altered the individual's biological and mental homeostatic equilibrium, with potentially serious consequences. His research is still ongoing to determine differences in brain activity between genders, but research findings thus far have illustrated that men tended to show a clearly higher attitude toward forgiveness as a more spontaneous reaction level, even if at more judicious stage both gender groups are motivated toward forgiveness. His research has been presented at numerous conferences around the world and he has considerable publications in press.

References

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