

***Forgiveness Among Individuals: The Relationship Between Forgiveness and Health***

**Michael McCullough, Ph.D.**

Department of Psychology at University of Miami  
mikem@miami.edu

*"Basic Psychological Process Underlying Forgiveness & Health: An HIV Paradigm"*

***Others in Research Group: Giacomo Bono, Jo-Ann Tsang, William Hoyt,  
Linsey M. Root, K. C. Rachal***

***Other Frequent Collaborators: Frank Fincham, Everett Worthington,  
Steven Sandage, Charlotte Witvliet, Julie Exline, Ken Pargament***

***About the Investigator and His Research in Forgiveness***

**Dr. McCullough** was one of the pioneers in research in forgiveness, and he has maintained an active research program bringing together forgiveness with health, religion, social psychology of relationships, positive psychology, gratitude, vengeance, rumination, and even two studies on interventions. Recently, he has worked on an evolutionary basis of forgiving and reconciliation as well as boundary maintenance. His productivity has been enhanced by making frequent collaborations with highly productive researchers. Dr. McCullough is an innovative methodologist, and he has brought the latest in statistics and research design into studying how forgiveness changes over time. He has shown that people might react differently to a transgression initially, which he calls forbearance. He also examines change in forgiveness over time, which he calls trend forgiveness. Finally, he notes that people's ratings of forgiveness might vary from day to day due to needs or daily events, which he calls temporary forgiveness. Not only has Dr. McCullough enhanced the network of forgiveness researchers through frequent and widespread collaboration, but he also has theoretically and methodologically advanced the study and understanding of forgiveness, and has popularized it through media and books.

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**Giacomo Bono, Ph.D.**  
University of Miami

Collaborator with Michael McCullough

**About the Investigators and Their Research in Forgiveness**

**Dr. Bono** has worked with **Michael McCullough** at the University of Miami on a post-doctoral assignment for two years. Their research has focused on forgiveness.

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### **William T. Hoyt**

University of Wisconsin-Madison  
wthoyt@education.wisc.edu

#### **About the Investigator and His Research in Forgiveness**

**Dr. Hoyt** is an expert methodologist who has developed an abiding interest in forgiveness research. Dr. Hoyt and Dr. McCullough were colleagues when they were in graduate school at Virginia Commonwealth University. Their friendship has persisted and has reinforced each other's interests and productivity. Both share interests in methodology and statistics, and in forgiveness. Both also have vigorous research programs in other topics as well.

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