

## ***Forgiveness Among Individuals: The Relationship between Forgiveness and Health***

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*“Forgiveness and Biopsychosocial Well-Being in Persons Living with HIV/AIDS”*

### **About the Investigator and Her Research in Forgiveness**

**Dr. Lydia Temoshok** has studied Type C (emotionally inexpressive) coping style in medical contexts. She has recently extended her work to study forgiveness in people living with HIV and AIDS. Her work examines the largest collection of biological markers associated with forgiveness in any existing study. She is particularly interested in the effects of forgiving or not forgiving on the functioning of the immune system. Her collaborator in this work most often has been **Dr. Rebecca Wald**.

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## **Rebecca Wald, Ph.D.**

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